Sensitive Regions in Western Ghats [THE 10TH BIENNIAL LAKE CONFERENCE]

Date: 28-30th December 2016, http://ces.iisc.ernet.in/energy

Venue: V.S. Acharya Auditorium, Alva's Education Foundation, Sundari Ananda Alva Campus, Vidyagiri, Moodbidri, D.K. Dist., Karnataka, India – 574227

WEEDS: ECOLOGICAL AND SCIENTIFIC ATTRIBUTES

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Abstract— Weeds are the actual green cover on earth protecting erosion and also improve the soil quality. In the present study, we have conducted a random survey in Mangaluru Taluk as part of the Peoples Biodiversity project from Karnataka Biodiversity Board. In this survey we identified most common weed plants and documented the associated traditional knowledge from Traditional practitioners and localities. Our survey suggests people are less aware of ecological benefits of weeds in soil conservation, green cover and its medicinal benefits. Along with documentation we created awareness about the ecological importance of weeds and their medicinal values through group discussions and meetings. We have done a thorough literature survey of selected weed plant species for their bioactive properties and validated its scientific attributes with recent publications by scientific community. This study highlights the importance of weeds and their attributes. Kevwords-Weeds, traditional knowledge, conservation, green cover.

INTRODUCTION:

A weed is a sporadically spreading plant species in an undesirable land. Weeds are also referred as unwanted plants in human-controlled settings, such as farm fields, gardens, lawns, and parks. The term "weed" has no botanical significance in terms of taxonomy, because a plant that is a weed in one context and place may become a desirable crop or species at different setting or land. As part of Peoples Biodiversity Report (PBR), we surveyed 3 villages belonging to Mangalur taluk to gather information on the vegetation and crops. Interesting part of the study was to identify the weeds in the open field and follow lands. The huge and vast spreading of weed plants in many regions appeared like a green cover against soil erosion and dry lands. Hence we planned for an awareness program on "need of weeds" along with the PBR data

collection. The following study was an effort to understand the basic knowledge and notion of the people for weeds and their usage in their local settings. It was also an effort to spread the awareness on weeds in maintaining the green cover on and also its medicinal uses.

Most of the weeds are effectively well adapted to grow and proliferate in diverse areas¹. The weedy nature of these species often gives them an advantage over more desirable crop species because they often grow quickly and reproduce quickly, or may have short lifespans and they commonly have seeds that persist in the soil for many years. Some weeds complete multiple generations in the same growing season. Whereas, perennial weeds often have underground stems that spread under the soil surface or have creeping stems that root and spread out over the ground. These weedy natures allow them to grow unrestricted in agricultural fields, lawns, roadsides, and construction sites.

There are approximately 250,000 species of plants worldwide; and approximately 8000 species are considered to behave as weeds. There are various methods and features to categorise the types of weeds. They can be categorised based on their invasive strength, crop interference, adaptability etc. Similar morphological characters, life cycle, requirements of soil, water, and climatic condition are grouped together as a class or category. This classification of weeds is helpful for management of a larger weed groups instead of an individual weed species. It is always economical and practically feasible to manage the group of weeds as compared to manage the individual weed species.

Table 1: Classification of weeds²

Based on their life cyc	Based on their life cycle			
Annual Weeds:	They complete their life cycle within one year or one season.			
Kharif Weeds:	They appear with the onset of monsoon (June, July) and complete their life cycle when rainy season is over (Oct or Nov). Eg. Cock's comb, <i>Parthenium</i> etc			
Rabi Weeds:	They complete their life cycle during winter season (Oct/Nov to Feb). Eg. <i>Chenopodium album, Portulaca oleracea</i> , wild oat etc.			
Summer Weeds:	They complete their life cycle during summer season (Feb to May), Majority of the Kharif seaosn weeds grow during summer season in irrigated farming. Eg. <i>Parthenium</i> , <i>Amaranthus</i> spp. <i>Euphorbia Spp</i>			



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The short- lived annual weeds are called ephemerals. These weed completes its life					
Ephemerals:		within a very short period of 2 to 4 weeks. Eg. <i>Phyllanthus niruri</i>			
	They take at least two years or two seasons to complete their life cycle. They complete				
Biennial Weeds:		getative growth in first year or season and produce flowers and seeds in the next			
		season. Eg. Wild carrot, wild onion.			
Perennial Weeds: The		ue or grow for more than two years or several years.			
	Shallow Rooted Perennials: Those perennial weeds having about 20 to 30 cm deep root system are called				
2111110 W 110000 1 01011		shallow rooted perennial weeds. Eg. Cynodon dactylon, Agrophyron repens.			
Deep Rooted Perennia	ıls:	reeds having about one meter or deeper root system. Eg. Nutgrass (<i>Cyperus</i>			
		rotundus), Johnson grass (Sorghum holepense), Acacia spp.			
		<i>" 3 4 7 7 1 1 1 1 1 1 1 1 1 1</i>			
According to Mode of					
Simple Perennials:		eproduce mostly by seeds. Eg. Lantana camara, Acacia spp, Zizyphus spp.			
Bulbous Perennials:	_	pagate by underground parts like bulbs, rhizomes, tubers etc, as well as seeds.			
		Typha spp), Nut grass (Cyperus rotundus), Johnson grass (Sorghum halepense).			
Creeping Perennials:		ead by lateral extension of the creeping above ground stem or roots or by seeds.			
	Eg.	Cynodon dactylon, Oxalis litifolia.			
	=				
	_	ending upon the place of their occurrence.			
Weeds of cropped land	ds:	Eg. <i>Striga</i> , Wild rice etc.			
Weeds of grazing land	ls:	g. Eupatorim, Cleome sps			
Weeds along water ch	annel:	ichhornia, Lagasca mollis.			
According to Nature of	of Stem:				
Woody Weeds:		hese are the woody and semi-woody and semi-woody rough stem shrubs and			
		re collectively called brush weeds. Eg. Acacia, Lantana camara.			
Herbaceous Weeds:		These weeds have green and succulent stem and common occurrence on farm			
		lands. Cocks comb, Eupatorium.			
		The state of the s			
Facultative Weeds or	Apophyt	Weeds which grow primarily in undistributed or close communities but			
Oll A W		may sometimes escape to the cultivated fields.			
Obligate Weeds:		Weeds which grow or occur primarily in cultivated field where the land is			
Noxious Weeds:		distributed frequently. Eg. Convolvulus arvensis			
Noxious weeds:		The weeds which are undesirable, troublesome and difficult to control are			
		called noxious weeds. Eg. Nutgrass, <i>Eupatorium, Striga</i> , Water hyacinth			
Objectionable Weeds:		Weeds which produce seeds that are difficult to separate once mixed with crop seeds are called objectionable weeds. Eg. The mixture of <i>Argemone</i>			
		mexicana seeds in mustard. Wild onion in cultivated onion			
Poisonous Weeds:		Weeds that have poisonous alkaloids and neurotoxic components. <i>Datura</i> ,			
i disulidus Weeus;					
	ivy sps. Woods have cortain unique characteristics that allow a condensation for arread.				

Weeds have certain unique characteristics that allow them to survive even at unfavourable conditions.

- ability to occupy sites disturbed by human activities.
- seed dormancy;
- abundant seed production;
- rapid population establishment;
- long-term survival of buried seed;

- adaptation for spread;
- presence of vegetative reproductive structures

These are the characteristics that also help in covering the dry and unproductive lands with green and convert them into nutritive and fertile in long run.



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METHOD

Organized group meetings in selected Gram panchayaths to explain the objectives and purpose of the study. The documentation process includes information gathered from individuals through detailed questionnaire, focused group discussion with persons having knowledge and published secondary information. The data and plant species were validated with scientific literature and herbarium specimens respectively.

RESULTS AND DISCUSSION:

Man breeds plants for yield, while nature breeds plants for survival. Weeds are naturally strong competitors and are resistant to many adversities. Those weeds that can best compete always tend to dominate. Though there are several disadvantages of weeds in crop fields but there are much more benefits which ensures the soil stabilization; habitat and feed for wildlife, aesthetic qualities; add organic matter; and medicine. The importance of weeds was explained to the local people in a selected area with various examples as given in table 2.

Table 2: Weeds and their importance in ecosystem².

	Importance of weeds	Description
1.	Enrich organic matter and Nutrients in soil	Weeds add about 5 to 15 tonnes of green matter per hectare depending upon weed species and their growth. Many weeds have luxuriant leafy growth and when buried in the soil as green manure add considerable amount of organic matter and plant nutrients.
2.	Prevent Soil Erosion	Weeds growing on waste lands and sloppy fields' lower wind and water erosion.
3.	Weeds as Hodder	Most weeds are palatable and of acceptable quality for animal feed if they are grazed or cut when young.
4.	Weeds are used as Leafy Vegetables	Many weeds can be used as leafy vegetables as they are palatable and rich in minerals and vitamins. Amaranthus <i>Polygamus, Amaranthus viridis, Digera arvensis, Portulaca spp</i> etc.
5.	Medicinal Value	Almost every plant on earth has some kind of medicinal property. Weeds also have potential medicinal value. (Listed in table 3)
6.	Weeds have Economic Importance	Many weeds can be used for commercial purposes. Such as Broom sticks, essence sticks, fodder. Paper Pulp, Bio-gas and Manufacture of Edible Proteins.
7.	Reclamation of Alkali Soils	Some plants have unique features such as, the application of powder of the weed <i>Argemone mexicana</i> can reclaim alkali soils.
8.	Weeds Serves as Ornamental and Hedge Plants	Lantana camara and Cactus sps etc can be used as ornamental and hedge plants.
9.	Weeds act as Nematicidal	Crotalaria spp; Calotropis spp, Parthenium etc. can control nematodes when incorporated in to the soil.

We also surveyed the local area and identified the most widely spread weeds in the selected area. We segregate and finalised around 20 species that are wide spread in low lands and follow lands. We also documented associated traditional knowledge for these species from traditional practitioners and elder people of the village. Most of the people have a common notion that weeds are just disturbances in the field and the mere thought of weed comes along with an action of uprooting the species. The survey and the awareness regarding the usefulness of the weeds were accepted positively by the

people and they were excited to share their knowledge on weeds and its traditional uses. Many weeds were used for medicinal purposes and few were used as hedge plants or as ornamental plants. A literature survey was carried out to support and validate the medicinal properties as claimed by the local people. Most of the weeds have been studied and explored for its medicinal benefits. We have listed and referenced the recent publications and findings from the scientific community on these selected 20 plants in Table 3.



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Table 3: Weeds with their local name and scientific attribute.

No.	Scientific name	Local name	Traditional Knowledge	Scientific attributes	References
,	Alternantera	Honagone	Edible and	antihyperglycemic	³ Hossain et al
1.	sessilis	soppu	medicinal	and analgesic	2014
2.	Asclepias		Used as an	antioxidant and	⁴ Baskar et al 2012
2.	curassavica	Kaad gida	ornamental	antiproliferative	
			Latex used in		⁵ Chan et al 2016
3.	Calotropis	Ekka	medicine,	Antiproliferative,	
5.	procera	LKKa	Plant is	antiplasmodial	
			worshipped		
4.	Cassia auriculata	Giri sidi	As an hedge	Antidiabetic	⁶ Fauzi et al 2016
,.	Cussia anteniaia	GIII SI u i	plant	Tintidiaoctic	
		Chogate	Used for fever		⁷ Esmaeilidooki et
5.	Cassia fistula	soppu	and kidney	Against constipation	al 2016
		Б орр и	stone		
	Colacasia	Kesuvina	Suckers and	Biosorbant to remove	⁸ Nakkeeran et al
6.	esculenta	dantu	leaves are used	Chromium	2016
		Guilta	as vegetable		
7.	Cynodon dactylon	Garike	Religious and	Wound healing	Biswas et al 2016
, ·			medicinal	Tround nouning	
8.	Duranta repens	Cuttings	Using as hedge	Antioxidant	
<u> </u>		gida	plant		
9.	Echinopse	Brahma	Religious and	Antipyretic,	
<i>,</i> .	echinatus	dande	medicinal	antifungal	
	Eupatorium	Congress	As an	Anti-malarial	Khan et al 2013
10.	odoratum spp.	gida	ornamental		
		_	plant		
	Lantana camara	Kaadu gulabi, beli	Used for cut	Against parasitic	Maurya et al 2015
11.			wounds, hedge	diseases	
		gida	plant	7 111 00	
12.	Leucas aspera	Kaadu	Religious and	Larvicidal effect on	Elumalai et al
		thumbe	medicinal	mosuitos	2016
13.	Mimosa pudica	Nachike	Roots used to	Anti-proliferative	Jose et al 2016
		mulu	treat tooth ache	•	G : 4 12015
1.4	16. 1.1 1	Chandra	Used as an	A 1: 1	Gogoi et al 2015
14.	Mirabilis jalapa	mallige	ornamental	Antimicrobial	
			plant		0.1.1.11
1.5	Oxalis	TT 1:	Fruits and	A	Salahuddin et al
15.	corniculata	Huli soppu	leaves consists	Anticancer	2016
		A .	sour taste		W + 12016
	D1 1	Antu	Useful in		Xue et al 2016
16.	Plumbago	chandra		Anticancer	
	zeylanica	mallige	diseases		
	Doutslage	gida	Ediblo		Tabatahasi at al
17.	Portulaca	Goni soppu	Edible	Antidiabetic	Tabatabaei et al
	olaracea		Vegetable Emits as the		2016
18.	Solanum torvum	Sunde gida	Fruits as the	Anti-mycobacterial	Nguta et al 2016
		_	remedy for		



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			finger pains.		
19.	Synedrella nodiflora	Kale gida	No specific use	antimicrobial	Wijaya et a 2011
20.	Widelia trilobata	Kale gida	Wound healing	Antibacterial, antifungal	Li et al 2016

CONCLUSION:

In this survey we identified most common 20 weed plants and documented the associated traditional knowledge from Traditional practitioners and local people. Our survey suggests people are less aware of ecological benefits of weeds in soil conservation, green cover and its medicinal benefits. Along with documentation we created awareness about the ecological importance of weeds and their medicinal 7. values through group discussions and meetings. We have done a thorough literature survey of selected weed plant species for their bioactive properties and validated its scientific attributes with recent publications by scientific community. This study highlights the importance of weeds and their attributes.

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